

SESSION FIVE.

Suggested equipment list:

Dependent on activities chosen

Small-sided Game	FUN Football Game: CHOOSE YOUR OWN	Small-sided Game (with variation)	Physical Literacy Game: CHOOSE YOUR OWN	Small-sided Game
5-10 mins	5-10 mins	5-10 mins	5-10 mins	5-10 mins

CHOOSE YOUR OWN

In this fifth session, we encourage facilitators to choose their own games based on the experience and success of the previous four weeks. Questions to ask when choosing the games to play may consider the following aspects:

- Which games have been the most FUN and engaging for the players?
- What games are easy for you as a facilitator to organise?
- What set-up for the small-sided games do you feel best allows children to freely express themselves?

KEY POINTS

Small-Sided Game

- A FUN way to commence a practical session
- Resembles street football in a safe and supervised environment

FUN Football Game

- Child friendly games that are related to the game of football
- Games need to enable all children to experience success

Small-Sided Game (with variation)

- Return to the original small-sided game with a slight variation
- Introduce scoring system as an incentive to encourage certain actions but does not restrict players from freedom of expression

Physical Literacy Game

- All children have the potential to be competent and confident
- Show your sense of humour and get involved yourself!

Small-Sided Game

- Let them play!